

## IMPORTANT: This is the new way from the pool to the cycle transition

NEW: Kids Fun Triathlon, from the pool to the Cycle Transition



### COMPULSORY SHOE TRANSITION AREA:

There is a compulsory shoe transition immediately after the swim. Before going to the poolside to start the swim, please leave your shoes on the floor inside the shoe transition. When you finish the swim head into the shoe transition to put on your shoes. Follow the signs for 'Cycle Transition'. It is approximately 200 meters to the cycle transition, you can walk or run.