

Take part in 3 or more qualifying UK Triathlon Events in 2024 and see if you can win your age group or even the entire League.

Your 3 highest scoring events will automatically count as your total score.

The more events you do increases your chances of a better score.

Any Sprint or Olympic qualifies.

Only people who are female sex at birth are eligible to compete in the Female category. All individuals including transgender people are eligible to compete in the Open category.

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1	Elspeth Bradshaw	32	1000	Not Yet Qualified	1
2	Charly Marshall	19	993	Not Yet Qualified	1
3	Grace Longden	18	987	Not Yet Qualified	1
4	Ruth Evans	51	980	Not Yet Qualified	1
5	Michelle Marshall	50	974	Not Yet Qualified	1
6	Amanda Vigus	37	967	Not Yet Qualified	1
7	Beth Wagland	32	961	Not Yet Qualified	1
8	Gemma Wootton	41	954	Not Yet Qualified	1
9	Amy Little	41	948	Not Yet Qualified	1
10	Alice Wilkins	31	941	Not Yet Qualified	1
11	Philippa Rawbone-Stephens	31	935	Not Yet Qualified	1
12	Samantha Carrington-Brown	40	928	Not Yet Qualified	1
13	Laura Finch	29	922	Not Yet Qualified	1
14	Karen Guerra	43	915	Not Yet Qualified	1
15	Ellie Highton	29	909	Not Yet Qualified	1
16	Ellie Clark	27	902	Not Yet Qualified	1
17	Ann Mitchell	50	896	Not Yet Qualified	1
18	Georgina Chattaway	58	889	Not Yet Qualified	1
19	Allyson Anstee	51	883	Not Yet Qualified	1
20	Melody Barnes	31	876	Not Yet Qualified	1
21	Kate Thorpe	45	870	Not Yet Qualified	1
22	Miranda Mackaness	40	863	Not Yet Qualified	1
23	Caroline Gionis	56	857	Not Yet Qualified	1
24	Fran Dargan	36	850	Not Yet Qualified	1
25	Tracey Hilson	59	844	Not Yet Qualified	1

26	Cathy Scholes	57	837	Not Yet Qualified	1
27	Lisa Worthington	55	831	Not Yet Qualified	1
28	Abigail Wilkes	35	824	Not Yet Qualified	1
29	Amy Mary Lennox	35	818	Not Yet Qualified	1
30	Shannon Bartholomew	31	811	Not Yet Qualified	1
31	Karen Jones	54	805	Not Yet Qualified	1
32	Catherine Lambert	41	798	Not Yet Qualified	1
33	Sarah Derwent	45	792	Not Yet Qualified	1
34	Grace Loxley	31	785	Not Yet Qualified	1
35	Ellen Titmus	37	779	Not Yet Qualified	1
36	Tanya Randell	50	772	Not Yet Qualified	1
37	Kate Marshall	48	766	Not Yet Qualified	1
38	Cathy Young	47	759	Not Yet Qualified	1
39	Katie Lancaster	34	753	Not Yet Qualified	1
40	kate follows	51	746	Not Yet Qualified	1
41	Sarah White	44	740	Not Yet Qualified	1
42	Claire Dovey	40	733	Not Yet Qualified	1
43	Fiona Macrae	30	727	Not Yet Qualified	1
44	Katharine Buckeridge	53	720	Not Yet Qualified	1
45	Kate Bryan	35	714	Not Yet Qualified	1
46	Georgia Razavi-Hart	34	707	Not Yet Qualified	1
47	Samantha Guest	43	701	Not Yet Qualified	1
48	Sandra Stokes	64	694	Not Yet Qualified	1
49	michelle Sheffield	45	688	Not Yet Qualified	1
50	Beverley Powell	51	681	Not Yet Qualified	1
51	Liz Holden	65	675	Not Yet Qualified	1
52	Carley Chutter	42	669	Not Yet Qualified	1
53	Heather Fooks	65	662	Not Yet Qualified	1
54	Helen Pugh	39	656	Not Yet Qualified	1
55	Sara Disney	26	649	Not Yet Qualified	1
56	Zoe Rose	28	643	Not Yet Qualified	1
57	Hannah Owen	34	636	Not Yet Qualified	1
58	Olivia Cavey	29	630	Not Yet Qualified	1
59	Zoe Bee	45	623	Not Yet Qualified	1
60	Alex Westmore	39	617	Not Yet Qualified	1
61	Natalie Hufton Jones	52	610	Not Yet Qualified	1
62	Lucy Naylor	18	604	Not Yet Qualified	1
63	Helyn McConnell	52	597	Not Yet Qualified	1
64	Victoria Prowse	28	591	Not Yet Qualified	1

65	Anna Onslow-wells	46	584	Not Yet Qualified	1
66	Sara Atkins	45	578	Not Yet Qualified	1
67	Jane Fraser	40	571	Not Yet Qualified	1
68	Leanne Beeson	36	565	Not Yet Qualified	1
69	Elinor Hollis	24	558	Not Yet Qualified	1
70	Becky Pearce	40	552	Not Yet Qualified	1
71	Drew Allen	27	545	Not Yet Qualified	1
72	Laura Rowlands	44	539	Not Yet Qualified	1
73	Steph Howarth	40	532	Not Yet Qualified	1
74	Nessa Armstrong	42	526	Not Yet Qualified	1
75	Kate Wilson	50	519	Not Yet Qualified	1
76	Aoife Gallagher	17	513	Not Yet Qualified	1
77	Anna Nudds	44	506	Not Yet Qualified	1
78	Sarah Gomme	50	500	Not Yet Qualified	1
79	Bethany Hilton	28	493	Not Yet Qualified	1
80	Ffion Davies-Cale	32	487	Not Yet Qualified	1
81	Diana Logan	53	480	Not Yet Qualified	1
82	Claire Smith	57	474	Not Yet Qualified	1
83	Adele Hutchings	40	467	Not Yet Qualified	1
84	Jess Hacker	36	461	Not Yet Qualified	1
85	Bryony Jones	41	454	Not Yet Qualified	1
86	Laura Jordan	34	448	Not Yet Qualified	1
87	Natalie Kennedy	48	441	Not Yet Qualified	1
88	Kimberley Richings	22	435	Not Yet Qualified	1
89	Kate Ribbins	61	428	Not Yet Qualified	1
90	Abby Lee	35	422	Not Yet Qualified	1
91	Rebecca Billings	25	415	Not Yet Qualified	1
92	Kim payne	41	409	Not Yet Qualified	1
93	Roseanne McGregor-Westhead	61	402	Not Yet Qualified	1
94	Amy Baker	35	396	Not Yet Qualified	1
	Hayley crawford	44	389	Not Yet Qualified	1
96	Sarah Garrett	28	383	Not Yet Qualified	1
97	Alexis Tonkin	25	376	Not Yet Qualified	1
98	Julie Lippitt	58	370	Not Yet Qualified	1
99	Sarah Harries	46	363	Not Yet Qualified	1
100	Victoria robey	40	357	Not Yet Qualified	1
100		40	350	Not Yet Qualified	1
	Ariadne Symes	40	344	Not Yet Qualified	1
	Aysa Ozcan	32	338	Not Yet Qualified	1
103	Aysa Oztan	52			-

104	Karen Street	55	331	Not Yet Qualified	1
105	Melanie Thomson	41	325	Not Yet Qualified	1
106	Pamela Malpas	52	318	Not Yet Qualified	1
107	Jan Cumming	45	312	Not Yet Qualified	1
108	Elaine Smith	35	305	Not Yet Qualified	1
109	Ciara Fitzpatrick	32	299	Not Yet Qualified	1
110	Rebecca Gee	31	292	Not Yet Qualified	1
111	Anna Rayner	42	286	Not Yet Qualified	1
112	Megan Cox	24	279	Not Yet Qualified	1
113	Nancy Wright	45	273	Not Yet Qualified	1
114	letty Thomas	37	266	Not Yet Qualified	1
115	Sophie Shepherd	27	260	Not Yet Qualified	1
116	Emer Kelly	38	253	Not Yet Qualified	1
117	Helen Hirst	71	247	Not Yet Qualified	1
118	Claire Holmes	40	240	Not Yet Qualified	1
119	Rachel Steele	32	234	Not Yet Qualified	1
120	alison backhouse	61	227	Not Yet Qualified	1
121	Eva Menon	41	221	Not Yet Qualified	1
122	Rebecca Viggers	45	214	Not Yet Qualified	1
123	Juliet Halfhead	50	208	Not Yet Qualified	1
124	Kate Matthams	44	201	Not Yet Qualified	1
125	Maria Ranasinghe	53	195	Not Yet Qualified	1
126	Joanne Wilkinson	42	188	Not Yet Qualified	1
127	Laura Robinson	46	182	Not Yet Qualified	1
128	Katie Marley	39	175	Not Yet Qualified	1
129	Lucy Wright	41	169	Not Yet Qualified	1
130	Caroline Spence	36	162	Not Yet Qualified	1
131	Stephanie Pamplin	58	156	Not Yet Qualified	1
132	Humera Sultan	42	149	Not Yet Qualified	1
133	Hannah Eagle	42	143	Not Yet Qualified	1
134	Ceri Fife	40	136	Not Yet Qualified	1
135	Kate Harvey	37	130	Not Yet Qualified	1
136	julie gawin	57	123	Not Yet Qualified	1
137	Leah Coe	40	117	Not Yet Qualified	1
138	Helen Allman	51	110	Not Yet Qualified	1
139	Felicity Conway	55	104	Not Yet Qualified	1
140	Sophie Potter	29	97	Not Yet Qualified	1
141	Helen Twist	46	91	Not Yet Qualified	1
142	Sarah Darnes	57	84	Not Yet Qualified	1

143 Emily Worthington	45	78	Not Yet Qualified	1
144 Irra Ariella Khi	40	71	Not Yet Qualified	1
145 Sandra Montgomery	44	65	Not Yet Qualified	1
146 Amy Miller	44	58	Not Yet Qualified	1
147 Rose England	40	52	Not Yet Qualified	1
148 Diana Blackshaw	45	45	Not Yet Qualified	1
149 Jane Eastwood	64	39	Not Yet Qualified	1
150 Holly Richardson	28	32	Not Yet Qualified	1
151 lisa faries	55	26	Not Yet Qualified	1
152 Judith Mackay	87	20	Not Yet Qualified	1
153 Catharine Selby	52	13	Not Yet Qualified	1
154 Clare Randall	52	7	Not Yet Qualified	1