

Take part in 3 or more qualifying UK Triathlon Events in 2024 and see if you can win your age group or even the entire League.

Your 3 highest scoring events will automatically count as your total score.

The more events you do increases your chances of a better score.

Any Sprint or Olympic qualifies.

Only people who are female sex at birth are eligible to compete in the Female category. All individuals including transgender people are eligible to compete in the Open category.

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1	Stephen Spooner	34	1000				Not Yet Qualified	1
2	Luke Wilkins	30	996				Not Yet Qualified	1
3	Lewis Heming	24	993				Not Yet Qualified	1
4	Tom Southall	35	990				Not Yet Qualified	1
5	Matt Johnson	36	987				Not Yet Qualified	1
6	Andrej Racz	41	983				Not Yet Qualified	1
7	Thomas Dawson	46	980				Not Yet Qualified	1
8	Russ Gibbons	31	977				Not Yet Qualified	1
9	Michael Dawes	31	974				Not Yet Qualified	1
10	Brad Roeton	28	971				Not Yet Qualified	1
11	Gareth Pulman	50	967				Not Yet Qualified	1
12	Remi Warren	32	964				Not Yet Qualified	1
13	Allan Smith	43	961				Not Yet Qualified	1
14	Richard Jinks	51	958				Not Yet Qualified	1
15	Karl Turley	39	954				Not Yet Qualified	1
16	Simon Woodfield	51	951				Not Yet Qualified	1
17	Philip Wallace	55	948				Not Yet Qualified	1
18	Jack Barron	35	945				Not Yet Qualified	1
19	scott westwood	53	942				Not Yet Qualified	1
20	Richard Rowden	42	938				Not Yet Qualified	1
21	lan Grime	45	935				Not Yet Qualified	1
22	Ivo Thomas	30	932				Not Yet Qualified	1
23	Dan Boulger	49	929				Not Yet Qualified	1
24	Adam Roberts	36	925				Not Yet Qualified	1
25	Stephen Robinson	48	922				Not Yet Qualified	1

26	Darren Smith	56	919	Not Yet Qualified	1
27	Simon Jackson	47	916	Not Yet Qualified	1
28	Ben Keen	45	913	Not Yet Qualified	1
29	Richard Gozdecki	42	909	Not Yet Qualified	1
30	Lee McKervey	48	906	Not Yet Qualified	1
31	Graham Hazleton	39	903	Not Yet Qualified	1
32	michael harriss	50	900	Not Yet Qualified	1
33	Alex Hopkins	28	896	Not Yet Qualified	1
34	Tim Donnelly Smith	56	893	Not Yet Qualified	1
35	Mark Scourse	49	890	Not Yet Qualified	1
36	Tristan Priest	49	887	Not Yet Qualified	1
37	Benjamin Robotham	18	884	Not Yet Qualified	1
38	Steven Scott	61	880	Not Yet Qualified	1
39	Bruno Gardner	46	877	Not Yet Qualified	1
40	Guy Graham	56	874	Not Yet Qualified	1
41	Alexander Evans	35	871	Not Yet Qualified	1
42	james purdy	42	867	Not Yet Qualified	1
43	Neil Kingston	42	864	Not Yet Qualified	1
44	Tim Eastwood	45	861	Not Yet Qualified	1
45	Joseph Davis-Powell	32	858	Not Yet Qualified	1
46	Peter Draper	32	855	Not Yet Qualified	1
47	Jim Cavey	37	851	Not Yet Qualified	1
48	Darren Roland	38	848	Not Yet Qualified	1
49	Jonathan Menon	39	845	Not Yet Qualified	1
50	Tegid Richards	30	842	Not Yet Qualified	1
51	Dan Jamieson	45	838	Not Yet Qualified	1
52	Hugh Killingbeck-Jones	35	835	Not Yet Qualified	1
53	Steven Robinson	60	832	Not Yet Qualified	1
54	Luke Salkeld	40	829	Not Yet Qualified	1
55	David Mason	45	826	Not Yet Qualified	1
56	Guy Houchen	54	822	Not Yet Qualified	1
57	Sam Campbell	44	819	Not Yet Qualified	1
58	Richard Barr	64	816	Not Yet Qualified	1
59	Robbie Campbell	40	813	Not Yet Qualified	1
60	Simon Whitton	46	810	Not Yet Qualified	1
61	Robert Spencer	38	806	Not Yet Qualified	1
62	Charlie Prichard	56	803	Not Yet Qualified	1
63	Thomas Chapple	19	800	Not Yet Qualified	1
64	Neil Kelly	50	797	Not Yet Qualified	1

65	Chris Englishby	52	793	Not Yet Qualified	1
66	John Devine	47	790	Not Yet Qualified	1
67	Simon Smith	41	787	Not Yet Qualified	1
68	Rob Wilson	53	784	Not Yet Qualified	1
69	Antony Keay	42	781	Not Yet Qualified	1
70	Tony Hoy	62	777	Not Yet Qualified	1
71	Kieran Lawton	46	774	Not Yet Qualified	1
72	Bob Sheard	54	771	Not Yet Qualified	1
73	Morgan Garrard	22	768	Not Yet Qualified	1
74	Mark Jones	44	764	Not Yet Qualified	1
75	Jake Wilkins	32	761	Not Yet Qualified	1
76	Stephen Robins	62	758	Not Yet Qualified	1
77	Rory Lynch	37	755	Not Yet Qualified	1
78	Thomas Rascagneres	24	752	Not Yet Qualified	1
79	Bobbie Galvin	25	748	Not Yet Qualified	1
80	Andy Watkins	56	745	Not Yet Qualified	1
81	Connor Taylor	28	742	Not Yet Qualified	1
82	Stephen John Gray	50	739	Not Yet Qualified	1
83	Adam Clarke	35	735	Not Yet Qualified	1
84	Peter Soley	47	732	Not Yet Qualified	1
85	Mark Curley	47	729	Not Yet Qualified	1
86	Jason Lippitt	55	726	Not Yet Qualified	1
87	Sean Stephenson	21	723	Not Yet Qualified	1
88	Jeremy Hansford	47	719	Not Yet Qualified	1
89	Luke Smith	34	716	Not Yet Qualified	1
90	David Bessant	57	713	Not Yet Qualified	1
91	Patrick McGeever	39	710	Not Yet Qualified	1
92	Chris Robey	43	706	Not Yet Qualified	1
93	Timothy Matthews	37	703	Not Yet Qualified	1
94	Daniel Wright	36	700	Not Yet Qualified	1
95	Tim Nunn	58	697	Not Yet Qualified	1
96	Simon Hruska	21	694	Not Yet Qualified	1
97	Aaron Walsh	31	690	Not Yet Qualified	1
98	Steve Bainbridge	40	687	Not Yet Qualified	1
99	Mark Flinders	50	684	Not Yet Qualified	1
100	David Aberton	53	681	Not Yet Qualified	1
101	Andrew Owers	62	677	Not Yet Qualified	1
102	Steven Adcock	38	674	Not Yet Qualified	1
103	Darren White	61	671	Not Yet Qualified	1

104 John McConnell	53	8	Not Yet Qualified	1
105 Simon Pearce	40	5	Not Yet Qualified	1
106 Glen Duncan	45	1	Not Yet Qualified	1
107 Richard Williams	40	8	Not Yet Qualified	1
108 Richard Simpson	52	5	Not Yet Qualified	1
109 Les Frost	62	2	Not Yet Qualified	1
110 Andrew Flavell	57	9	Not Yet Qualified	1
111 Robert Parker	47	5	Not Yet Qualified	1
112 Carwyn Owen	30	2	Not Yet Qualified	1
113 Giles Wright	30	9	Not Yet Qualified	1
114 Andrew Old	48	6	Not Yet Qualified	1
115 David Gwillam Crockford	59	2	Not Yet Qualified	1
116 Michael Fanning	42	9	Not Yet Qualified	1
117 Piotr Mazur	44	6	Not Yet Qualified	1
118 Phil Holt	44	3	Not Yet Qualified	1
119 Nick Mackaness	40	0	Not Yet Qualified	1
120 Martin Mures	62	6	Not Yet Qualified	1
121 David Power	60	3	Not Yet Qualified	1
122 Jon Lawley	27	0	Not Yet Qualified	1
123 James Allsop	37	7	Not Yet Qualified	1
124 Timothy Lawton	59	3	Not Yet Qualified	1
125 Graeme Findlay	53	0	Not Yet Qualified	1
126 Michael Brennan	40	7	Not Yet Qualified	1
127 Jordan Riggon	31	4	Not Yet Qualified	1
128 Justin Ribeiro dos Santos	47	1	Not Yet Qualified	1
129 Lee Davies	59	7	Not Yet Qualified	1
130 Richard Evans	46	4	Not Yet Qualified	1
131 Paul PHILLIPS	50	1	Not Yet Qualified	1
132 Ollie Chillcott	39	8	Not Yet Qualified	1
133 James Dowbiggin	37	4	Not Yet Qualified	1
134 Paul Nolan	45	1	Not Yet Qualified	1
135 Sam Read	33	8	Not Yet Qualified	1
136 Jack Clisby	40	5	Not Yet Qualified	1
137 Adam Roper	39	2	Not Yet Qualified	1
138 John Wilson	51	8	Not Yet Qualified	1
139 Massimo Wise	23	5	Not Yet Qualified	1
140 Jonathan Finning	49	2	Not Yet Qualified	1
141 Joe Ercolano	25	9	Not Yet Qualified	1
142 Daniel Kaye	35	5	Not Yet Qualified	1

143 Alex Skinner	35	2	Not Yet Qualified	1
144 Tark Millican	53	9	Not Yet Qualified	1
145 Michael Rodley	48	6	Not Yet Qualified	1
146 Chris Hewitt	53	3	Not Yet Qualified	1
147 John Dawson	41	9	Not Yet Qualified	1
148 Mark Weller	49	6	Not Yet Qualified	1
149 Ian Robotham	51	3	Not Yet Qualified	1
150 Jonty Findlay	23	0	Not Yet Qualified	1
151 ADAM ARMER	38	6	Not Yet Qualified	1
152 David Lambert	43	3	Not Yet Qualified	1
153 Chris Busby	52	0	Not Yet Qualified	1
154 David Walker	51	7	Not Yet Qualified	1
155 Christopher Moore	42	4	Not Yet Qualified	1
156 Graeme Allison	35	0	Not Yet Qualified	1
157 Jack Bates	23	7	Not Yet Qualified	1
158 Olly Ryde-Rogers	36	4	Not Yet Qualified	1
159 Steven Singleton	53	1	Not Yet Qualified	1
160 Ryan Butler	45	8	Not Yet Qualified	1
161 Stuart Jones	51	4	Not Yet Qualified	1
162 Richard Darnes	57	1	Not Yet Qualified	1
163 Michael Hampson	30	8	Not Yet Qualified	1
164 kevin Judd	64	5	Not Yet Qualified	1
165 Michael James	66	1	Not Yet Qualified	1
166 Alex Homatas	31	8	Not Yet Qualified	1
167 Alex Darnes	17	5	Not Yet Qualified	1
168 Chris Freer	39	2	Not Yet Qualified	1
169 Paul Hogg	57	9	Not Yet Qualified	1
170 Oliver Spicer	43	5	Not Yet Qualified	1
171 James Dawson	23	2	Not Yet Qualified	1
172 Philip Kidd	72	9	Not Yet Qualified	1
173 Tom Phillips	43	6	Not Yet Qualified	1
174 Mike Crumpton	54	2	Not Yet Qualified	1
175 Simon Gower	53	9	Not Yet Qualified	1
176 David TYLER	55	6	Not Yet Qualified	1
177 Ryan Wells	39	3	Not Yet Qualified	1
178 Christopher Bridge	34	0	Not Yet Qualified	1
179 Martin Snookes	57	6	Not Yet Qualified	1
180 Simon Sutton	49	3	Not Yet Qualified	1
181 Charlie Watton	19	0	Not Yet Qualified	1

182 Andrew Pritchard	52	7	Not Yet Qualified	1
183 Adrian Lavery	64	3	Not Yet Qualified	1
184 James Warren	53	0	Not Yet Qualified	1
185 Peter Monksfield	50	7	Not Yet Qualified	1
186 Oliver Gardiner	34	4	Not Yet Qualified	1
187 Matt Curry	42	1	Not Yet Qualified	1
188 Max Widger	61	7	Not Yet Qualified	1
189 Peter Watson	47	4	Not Yet Qualified	1
190 Harry Forty	26	1	Not Yet Qualified	1
191 Andrew Botterill	51	8	Not Yet Qualified	1
192 Gerrard Noble	61	4	Not Yet Qualified	1
193 Chris Quinn	27	1	Not Yet Qualified	1
194 Andrew Knight	60	8	Not Yet Qualified	1
195 Adam Saumtally	32	5	Not Yet Qualified	1
196 Nick Wilson	42	2	Not Yet Qualified	1
197 Matthew Cook	37	8	Not Yet Qualified	1
198 Philip Elliott	55	5	Not Yet Qualified	1
199 Andy Ilsley	51	2	Not Yet Qualified	1
200 Philip Baker-Heyes	49	9	Not Yet Qualified	1
201 Christian Walker	45	5	Not Yet Qualified	1
202 Benjamin Pavey	27	2	Not Yet Qualified	1
203 Simon Rolls	58	9	Not Yet Qualified	1
204 Gary Kinley	35	6	Not Yet Qualified	1
205 Greg Steele	33	3	Not Yet Qualified	1
206 Alexander Edwards	58	9	Not Yet Qualified	1
207 Nick Hutchinson	56	6	Not Yet Qualified	1
208 James Wisniewski	31	3	Not Yet Qualified	1
209 Adam Shaw	25	0	Not Yet Qualified	1
210 Christian Gruenthal	49	7	Not Yet Qualified	1
211 Philip Harvey	38	3	Not Yet Qualified	1
212 Jake Simkin	24	0	Not Yet Qualified	1
213 Richard Arnold	54	7	Not Yet Qualified	1
214 Andrew Syska	51	4	Not Yet Qualified	1
215 Robert Markham	59	0	Not Yet Qualified	1
216 Clive Bullock	69	7	Not Yet Qualified	1
217 David Scrimgeour	50	4	Not Yet Qualified	1
218 Robert Raymant	31	1	Not Yet Qualified	1
219 Elliot Bates	28	8	Not Yet Qualified	1
220 Stephen Zaleski	62	4	Not Yet Qualified	1

221 Alex Randall	43 29	Not Yet Qualified	1
222 Raymond Smith	59 28	8 Not Yet Qualified	1
223 David Lydiard	57 28	Not Yet Qualified	1
224 David Hickie	48 28	Not Yet Qualified	1
225 Ben Millward	30 27	Not Yet Qualified	1
226 Richard Bodenham	53 27	Not Yet Qualified	1
227 Chris Cooper	47 27	Not Yet Qualified	1
228 Matthew Parrott	31 26	9 Not Yet Qualified	1
229 sean ruddock	32 26	Not Yet Qualified	1
230 Phil Wood	53 26	Not Yet Qualified	1
231 connor grant	30 25	9 Not Yet Qualified	1
232 Chris Coates	26 25	6 Not Yet Qualified	1
233 Andrew Pope	60 25	Not Yet Qualified	1
234 David McCluskey	46 24	9 Not Yet Qualified	1
235 Darren Matthews	53 24	Not Yet Qualified	1
236 Christoph Bates	30 24	Not Yet Qualified	1
237 Edward Wright	49 24	0 Not Yet Qualified	1
238 Ross Shaw	45 23	6 Not Yet Qualified	1
239 Phil Oakes	63 23	Not Yet Qualified	1
240 Michael Staines	80 23	0 Not Yet Qualified	1
241 Baudh Mahay	50 22	7 Not Yet Qualified	1
242 Carl Wilkes	44 22	Not Yet Qualified	1
243 Nigel Crawford	53 22	0 Not Yet Qualified	1
244 Philip Thomas	58 21	7 Not Yet Qualified	1
245 Jack Lanfear	30 21	4 Not Yet Qualified	1
246 John Roney	41 21	1 Not Yet Qualified	1
247 Jez Jeffery	39 20	7 Not Yet Qualified	1
248 Simon Collins	60 20	Not Yet Qualified	1
249 Gregg Baxter	36 20	Not Yet Qualified	1
250 Oliver Luft	48 19	8 Not Yet Qualified	1
251 Jon Harris	50 19	4 Not Yet Qualified	1
252 David Milton	58 19	1 Not Yet Qualified	1
253 David Terteryan	26 18	8 Not Yet Qualified	1
254 Phil Davis	56 18	Not Yet Qualified	1
255 Ben Fife	40 18	Not Yet Qualified	1
256 Ian Ford	73 17	8 Not Yet Qualified	1
257 Rafal Sztabi?ski	41 17	Not Yet Qualified	1
258 Chris Flynn	49 17	Not Yet Qualified	1
259 Thomas Sharland	42 16	9 Not Yet Qualified	1

260 Kevin Jolliffe	58	Not Yet Qualified	1
261 Ben Iles	50 1	Not Yet Qualified	1
262 Louisa Singleton	53 1	Not Yet Qualified	1
263 Tom Bowdige	39	Not Yet Qualified	1
264 James Winters	41	Not Yet Qualified	1
265 Martin Hilton	55 2	Not Yet Qualified	1
266 Shaun Garrett	59 1	Not Yet Qualified	1
267 Matthew Rhodes	58 1	Not Yet Qualified	1
268 Toby Messer	38 1	Not Yet Qualified	1
269 Daniel Price	33	Not Yet Qualified	1
270 Alex Glen	26	Not Yet Qualified	1
271 Steve Dye	38	Not Yet Qualified	1
272 Rohan Dhooper	24	Not Yet Qualified	1
273 Mark Bagshaw	37	Not Yet Qualified	1
274 Charles McDermid	45 1	Not Yet Qualified	1
275 Paul Twist	45	Not Yet Qualified	1
276 PHILIP SMITH	60 1	Not Yet Qualified	1
277 Joseph Harpur	28	Not Yet Qualified	1
278 Nick Burns	57 1	Not Yet Qualified	1
279 Steve Allen	55 1	Not Yet Qualified	1
280 alan goodey	67 1	Not Yet Qualified	1
281 Andrew Westhead	58	Not Yet Qualified	1
282 Mark Williams	27	Not Yet Qualified	1
283 Jasmine Thompson	26	Not Yet Qualified	1
284 Ben Hughes	48	Not Yet Qualified	1
285 Tom Jackson	38	Not Yet Qualified	1
286 Michael Kehoe	64	Not Yet Qualified	1
287 Reece Faulkner	22	Not Yet Qualified	1
288 Neil Wilkinson	59	Not Yet Qualified	1
289 Kevin Vince	44	Not Yet Qualified	1
290 Derek Quinn		Not Yet Qualified	1
291 Andrew Lear	55	Not Yet Qualified	1
292 Alan Ravey	70	Not Yet Qualified	1
293 Neil Pamplin	57	Not Yet Qualified	1
294 Mike Campbell	77	Not Yet Qualified	1
295 Melinda Wood	50	Not Yet Qualified	1
296 Mike Stephenson	55	Not Yet Qualified	1
297 Kevin Gibson	60	Not Yet Qualified	1
298 Mark Halpin	45	Not Yet Qualified	1

9	James Stevenson	42	40	Not Yet Qualified	
300	Clare Cassidy	64	37	Not Yet Qualified	
301	Sean Kachmarski	54	33	Not Yet Qualified	
302	Shelly Harrison	42	30	Not Yet Qualified	
303	Philip Symons	37	27	Not Yet Qualified	
304	Mark Bradley	58	24	Not Yet Qualified	
305	Andrew Lee	61	21	Not Yet Qualified	
306	Emma Bisseker	51	17	Not Yet Qualified	
307	Adam Brown	41	14	Not Yet Qualified	
308	Jess Huxley	36	11	Not Yet Qualified	
309	Ele Mathieson	55	8	Not Yet Qualified	
310	andrew Ireland	60	5	Not Yet Qualified	
311	Dani O'Connor	37	2	Not Yet Qualified	