

Sprint

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total	
1	08:00:00	319	Ellen	Williams	Female	C	24	C		Sprint	00:07:59	00:00:35	00:36:57	00:00:28	00:20:56	01:06:55
2	08:00:00	322	Claire	TRUE	Female	C	31	F		Sprint	00:08:10	00:00:49	00:37:54	00:00:37	00:21:56	01:09:26
3	08:00:00	279	Zoe	Lilly	Female	C	43	H	Swindon Triathlon cl	Sprint	00:08:42	00:01:06	00:37:04	00:00:47	00:24:12	01:11:51
4	08:00:00	236	Elsbeth	Bradshaw	Female	C	31	F		Sprint	00:08:44	00:01:09	00:37:02	00:00:53	00:24:11	01:11:59
5	08:00:00	240	Claire	Capper	Female	C	32	F	Newcastle (Staffs) AC	Sprint	00:08:49	00:01:14	00:39:11	00:01:32	00:22:42	01:13:28
6	08:00:00	295	Phoebe	Penfold	Female	C	31	F		Sprint	00:09:03	00:01:03	00:38:34	00:00:59	00:25:05	01:14:44
7	08:00:00	325	Tasha	Chandler	Female	C	34	F		Sprint	00:09:01	00:01:14	00:40:17	00:01:06	00:24:42	01:16:20
8	08:00:00	249	Michelle	Marshall	Female	C	49	I	Newcastle (Staffs) Tri	Sprint	00:09:40	00:00:57	00:42:28	00:00:59	00:23:43	01:17:47
9	08:00:00	268	Denise	Hart	Female	C	45	I	Stafford Tri Club	Sprint	00:08:52	00:02:47	00:41:17	00:01:22	00:24:22	01:18:40
10	08:00:00	302	Anna	Robson	Female	C	27	E		Sprint	00:09:01	00:01:41	00:44:33	00:01:10	00:23:41	01:20:06
11	08:00:00	294	Sadie Elizabeth	Penfold	Female	C	31	F		Sprint	00:09:41	00:01:05	00:40:55	00:01:14	00:27:49	01:20:44
12	08:00:00	315	Mikaela	Wardle	Female	C	31	F		Sprint	00:09:25	00:02:10	00:43:20	00:02:24	00:25:57	01:23:16
13	08:00:00	246	Emily	Crowe	Female	C	31	F		Sprint	00:09:56	00:00:53	00:45:38	00:00:37	00:27:30	01:24:34
14	08:00:00	293	Georgia	Panayi	Female	C	27	E	n/a	Sprint	00:09:53	00:01:40	00:44:59	00:01:17	00:28:27	01:26:16
15	08:00:00	303	Julie	Robson	Female	C	63	L		Sprint	00:10:28	00:02:15	00:45:02	00:01:18	00:27:18	01:26:21
16	08:00:00	288	Sophie	Morris	Female	C	33	F		Sprint	00:10:22	00:02:20	00:45:25	00:01:50	00:27:03	01:27:00
17	08:00:00	324	Kerry	Parr	Female	C	45	I		Sprint	00:10:49	00:01:24	00:43:55	00:01:29	00:29:29	01:27:06
18	08:00:00	283	Donna	M McGettigan	Female	C	48	I		Sprint	00:10:16	00:01:09	00:45:52	00:00:48	00:29:07	01:27:12
19	08:00:00	274	Gurpreet	Khaira	Female	C	55	K	none	Sprint	00:10:27	00:00:00	00:48:40	00:00:00	00:28:32	01:27:39
20	08:00:00	280	Sarah	Lindstrom	Female	C	50	J		Sprint	00:11:34	00:03:01	00:42:05	00:02:28	00:28:52	01:28:00
21	08:00:00	278	Rachel	Krol	Female	C	35	G		Sprint	00:11:34	00:01:25	00:44:03	00:01:41	00:29:46	01:28:29
22	08:00:00	271	Alex	Jamieson	Female	C	21	C		Sprint	00:09:43	00:01:54	00:49:40	00:01:01	00:26:39	01:28:57
23	08:00:00	308	Linda	Soderlund	Female	C	46	I		Sprint	00:10:31	00:01:27	00:48:36	00:02:16	00:27:45	01:30:35
24	08:00:00	228	Lucy	Ashley	Female	C	36	G		Sprint	00:11:15	00:01:17	00:45:45	00:01:00	00:31:20	01:30:37
25	08:00:00	265	Poppy	Grout	Female	C	29	E		Sprint	00:10:50	00:01:03	00:50:44	00:01:00	00:27:28	01:31:05
26	08:00:00	287	Samantha	McGowan	Female	C	32	F		Sprint	00:10:48	00:01:28	00:48:31	00:02:20	00:28:01	01:31:08
27	08:00:00	326	Kate	Hunnisett	Female	C	26	E		Sprint	00:10:47	00:01:39	00:47:12	00:02:08	00:29:24	01:31:10
28	08:00:00	290	Catriona	Newman	Female	C	42	H	Flying Monk Triathlo	Sprint	00:12:35	00:00:47	00:46:49	00:01:36	00:29:31	01:31:18
29	08:00:00	244	jessie	cox	Female	C	31	F		Sprint	00:11:08	00:02:02	00:44:08	00:02:16	00:32:00	01:31:34
30	08:00:00	304	Maeve	Roseveare	Female	C	34	F		Sprint	00:10:31	00:01:58	00:46:29	00:02:39	00:30:11	01:31:48
31	08:00:00	275	Clare	King	Female	C	48	I		Sprint	00:12:00	00:00:00	00:47:35	00:01:21	00:31:47	01:32:43
32	08:00:00	289	Lucy	Myatt	Female	C	28	E	Total Transition Tria	Sprint	00:12:01	00:01:44	00:46:47	00:01:21	00:31:52	01:33:45
33	08:00:00	320	Jenny	Winfieldale	Female	C	53	J		Sprint	00:12:16	00:01:53	00:43:12	00:02:14	00:34:13	01:33:48
34	08:00:00	297	Teresa	Reynolds-Wood	Female	C	51	J		Sprint	00:10:29	00:01:16	00:53:24	00:01:31	00:27:31	01:34:11
35	08:00:00	328	Catherine	Hughes	Female	C	29	E	Birmingham	Sprint	00:10:21	00:01:39	00:52:12	00:01:17	00:29:27	01:34:56
36	08:00:00	245	Jessica	Coxon	Female	C	27	E		Sprint	00:10:13	00:01:36	00:51:09	00:01:12	00:31:11	01:35:21
37	08:00:00	229	Stephanie	Ayres	Female	C	47	I		Sprint	00:11:15	00:01:04	00:50:30	00:00:58	00:32:03	01:35:50
38	08:00:00	263	Sophie	Goodings	Female	C	23	C		Sprint	00:12:09	00:01:06	00:50:59	00:00:57	00:32:31	01:37:42
39	08:00:00	253	Lesley	Fellows	Female	C	59	K	Blue Tits	Sprint	00:12:53	00:01:08	00:49:04	00:01:00	00:33:42	01:37:47
40	08:00:00	243	Hannah	Cooke	Female	C	29	E		Sprint	00:12:18	00:01:55	00:46:06	00:01:25	00:36:19	01:38:03
41	08:00:00	234	Nina	Blythe	Female	C	30	F		Sprint	00:14:38	00:01:29	00:48:57	00:01:40	00:32:26	01:39:10
42	08:00:00	318	Christine	Williams	Female	C	57	K	Port Talbot Harriers/	Sprint	00:12:17	00:02:15	00:49:15	00:01:45	00:33:53	01:39:25

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
43	08:00:00	313	Clare	Taylor	Female	C 50	J		Sprint	00:12:14	00:02:17	00:48:53	00:01:52	00:34:11	01:39:27
44	08:00:00	300	Ruth	Roadley-Battin	Female	C 44	H		Sprint	00:12:48	00:01:38	00:49:17	00:02:24	00:33:22	01:39:29
45	08:00:00	310	Karen	Street	Female	C 54	J		Sprint	00:12:07	00:01:13	00:50:43	00:01:11	00:34:42	01:39:56
46	08:00:00	309	Anna	Starling	Female	C 23	C		Sprint	00:11:02	00:01:00	00:54:51	00:00:48	00:33:12	01:40:53
47	08:00:00	323	louise	chaves	Female	C 43	H		Sprint	00:11:57	00:01:42	00:52:45	00:01:23	00:33:09	01:40:56
48	08:00:00	235	Lucy	Bonsall	Female	C 28	E		Sprint	00:10:45	00:01:20	00:59:25	00:01:04	00:28:38	01:41:12
49	08:00:00	298	Karen	Richards	Female	C 50	J	Black Country Triath	Sprint	00:12:49	00:00:00	00:51:07	00:01:58	00:36:34	01:42:28
50	08:00:00	272	Nikki	Jarman	Female	C 49	I		Sprint	00:13:22	00:01:07	00:51:12	00:01:01	00:36:45	01:43:27
51	08:00:00	248	chloe	dolphin	Female	C 27	E		Sprint	00:12:15	00:01:28	00:54:02	00:01:42	00:34:54	01:44:21
52	08:00:00	282	Deborah	Longman	Female	C 49	I	#teamtwinkle	Sprint	00:29:21	00:04:56	00:46:17	00:02:06	00:35:25	01:48:13
53	08:00:00	269	Georgina	Hazelwood	Female	C 39	G		Sprint	00:13:24	00:01:33	00:57:23	00:02:41	00:34:31	01:49:32
54	08:00:00	267	Annabel	Hardwick	Female	C 25	E		Sprint	00:12:20	00:02:43	00:58:50	00:02:16	00:34:02	01:50:11
55	08:00:00	292	Claudia	Orozco	Female	C 32	F		Sprint	00:13:27	00:02:29	00:54:53	00:01:13	00:38:31	01:50:33
56	08:00:00	257	Ellen	Foley	Female	C 29	E		Sprint	00:10:18	00:01:13	01:05:55	00:01:09	00:32:52	01:51:27
57	08:00:00	281	Georgina	Lloyd	Female	C 26	E		Sprint	00:13:22	00:02:43	01:00:28	00:02:42	00:35:04	01:54:19
58	08:00:00	260	Robyn	Francis	Female	C 24	C		Sprint	00:13:00	00:01:10	01:00:16	00:01:05	00:39:46	01:55:17
59	08:00:00	273	Delyth	Jones	Female	C 28	E		Sprint	00:13:23	00:02:47	01:01:01	00:02:07	00:36:35	01:55:53
60	08:00:00	242	Amanda	Collins	Female	C 52	J		Sprint	00:13:36	00:03:08	00:53:34	00:03:39	00:42:31	01:56:28
61	08:00:00	311	lily	stringer	Female	C 26	E		Sprint	00:12:21	00:02:44	01:04:23	00:01:22	00:36:07	01:56:57
62	08:00:00	230	Ivana	Babicova	Female	C 29	E		Sprint	00:13:19	00:02:18	01:01:31	00:02:04	00:38:26	01:57:38
63	08:00:00	307	Vikki	Smith	Female	C 40	H		Sprint	00:13:18	00:02:21	01:01:25	00:02:07	00:38:30	01:57:41
64	08:00:00	226	Katherine	Abbots	Female	C 45	I		Sprint	00:14:43	00:02:06	00:53:58	00:04:49	00:47:04	02:02:40
65	08:00:00	247	Joanna	Dixon	Female	C 26	E		Sprint	00:13:55	00:01:18	01:07:58	00:01:48	00:41:07	02:06:06
66	08:00:00	291	Sarah	O'BRIEN	Female	C 46	I		Sprint	00:17:04	00:01:52	00:58:16	00:01:57	00:48:27	02:07:36
67	08:00:00	299	Anna	Ridehalgh	Female	C 29	E		Sprint	00:12:28	00:01:47	01:23:10	00:01:02	00:39:42	02:18:09