

Super Sprint - Female

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	13:16:45	803	Sarah	Richardson	Female	41	H	Sandbach	Super Sprint -	00:03:14	00:01:54	00:42:42	00:01:03	00:12:55	01:01:48
2	13:16:15	801	Tina	Denny	Female	53	J	Nantwich	Super Sprint -	00:03:47	00:01:57	00:43:19	00:01:10	00:15:19	01:05:32
3	13:15:45	799	Emily	Fozard	Female	28	E	Chester	Super Sprint -	00:03:52	00:02:43	00:49:21	00:01:01	00:12:16	01:09:13
4	13:13:30	791	charmayne	brierley	Female	50	J	Glossop	Super Sprint -	00:04:42	00:02:48	00:48:14	00:01:54	00:13:01	01:10:39
5	13:10:00	777	CAROLE	SHERRIN	Female	52	J	MOTTRAM ST AND	Super Sprint -	00:05:24	00:03:29	00:42:45	00:01:59	00:17:11	01:10:48
6	13:16:30	802	Kate	Richardson	Female	44	H	Sandbach	Super Sprint -	00:04:51	00:02:19	00:50:27	00:01:07	00:13:21	01:12:05
7	13:05:30	764	tracey	surridge	Female	51	J	Weaver Warriors	Super Sprint -	00:05:02	00:03:20	00:48:55	00:01:32	00:14:08	01:12:57
8	13:05:00	762	Jill	Lightfoot	Female	40	H	Malpas	Super Sprint -	00:04:04	00:02:19	00:51:22	00:01:29	00:14:16	01:13:30
9	13:13:00	789	tracy	woodcock	Female	41	H	nantwich	Super Sprint -	00:05:10	00:02:43	00:49:01	00:01:40	00:15:03	01:13:37
10	13:27:00	783	Andrea	Heath	Female	53	J	Team Heath	Super Sprint -	00:04:44	00:02:18	00:49:08	00:02:03	00:16:51	01:15:04
11	13:09:00	773	Stephanie	Crompton	Female	44	H	Warrington	Super Sprint -	00:03:57	00:03:38	00:52:49	00:01:45	00:13:33	01:15:42
12	13:36:00	899	Liz	Stringman	Female	46	I	Ormskirk	Super Sprint -	00:04:22	00:03:11	00:53:16	00:01:27	00:14:12	01:16:28
13	13:15:15	797	Karolina	Dalyan	Female	41	H	Salford	Super Sprint -	00:04:20	00:04:56	00:57:54	00:01:40	00:08:05	01:16:55
14	13:05:15	763	Michele	Meakin	Female	43	H	Liverpool	Super Sprint -	00:05:31	00:04:02	00:47:55	00:01:55	00:18:06	01:17:29
15	13:08:45	772	Vanessa	Richardson	Female	47	I	Cancer Research UK	Super Sprint -	00:05:02	00:03:17	00:55:10	00:01:06	00:15:23	01:19:58
16	13:12:45	788	Katie	Paxton	Female	50	J	Wrexham	Super Sprint -	00:05:18	00:02:32	00:57:04	00:01:00	00:15:28	01:21:22
17	13:16:00	800	Joanne	Barnes	Female	43	H	Stoke on Trent	Super Sprint -	00:04:21	00:03:23	00:55:03	00:01:36	00:17:13	01:21:36
18	13:09:30	775	Laura	Morris	Female	34	F	Bramley	Super Sprint -	00:05:27	00:03:37	00:55:28	00:01:41	00:15:26	01:21:39
19	13:15:30	798	Andrea	Peers	Female	42	H	Ellesmere Port	Super Sprint -	00:04:23	00:03:03	00:57:31	00:01:19	00:16:40	01:22:56
20	13:12:15	786	Steph	Jackson	Female	44	H	Cancer Research UK	Super Sprint -	00:05:37	00:02:40	00:57:05	00:01:12	00:17:03	01:23:37
21	13:14:15	793	Jen	Morris	Female	41	H		Super Sprint -	00:04:55	00:03:05	00:56:21	00:01:00	00:18:31	01:23:52
22	13:13:45	792	Tammu	Beard	Female	42	H	Chadderton	Super Sprint -	00:03:27	00:03:10	00:54:44	00:01:49	00:21:28	01:24:38
23	13:15:00	796	Gillian	Schanze	Female	43	H	Formby	Super Sprint -	00:04:17	00:05:17	00:57:46	00:03:41	00:15:14	01:26:15
24	13:09:45	776	Kate	Lavender	Female	36	G	Sheffield	Super Sprint -	00:05:08	00:05:00	00:55:51	00:02:09	00:18:08	01:26:16
25	13:14:45	795	Leah	Maguire	Female	46	I	Chorley	Super Sprint -	00:05:06	00:04:49	00:59:39	00:01:42	00:15:17	01:26:33
26	13:10:15	778	Cristina	Mirabile	Female	51	J	Nantwich	Super Sprint -	00:06:13	00:03:33	00:57:17	00:01:36	00:17:54	01:26:33
27	13:14:30	794	lynda	williams	Female	42	H	Cancer Research UK	Super Sprint -	00:04:43	00:02:43	00:59:50	00:01:09	00:18:17	01:26:42
28	13:11:45	784	laura	bedford	Female	41	H	Cancer Research UK	Super Sprint -	00:05:21	00:04:22	00:57:40	00:01:10	00:19:08	01:27:41
29	13:11:15	782	Andrea	Place	Female	42	H	Manchester	Super Sprint -	00:05:01	00:03:05	01:04:52	00:01:30	00:15:26	01:29:54
30	13:11:00	781	michelle	Butler	Female	36	G	MANCHESTER	Super Sprint -	00:04:49	00:03:29	01:03:50	00:02:35	00:15:24	01:30:07
31	13:12:30	787	susan	english	Female	48	I	burscough	Super Sprint -	00:05:29	00:03:37	01:02:44	00:01:31	00:17:06	01:30:27
32	13:05:45	765	Laura	Madders	female	35	G	Home Instead	Super Sprint -	00:05:37	00:06:35	00:58:17	00:02:38	00:18:23	01:31:30
33	13:10:45	780	kate	anderson	Female	37	G	nantwich	Super Sprint -	00:05:14	00:03:51	01:02:56	00:00:00	00:22:57	01:34:58
34	13:06:15	767	Mary	Bendall	Female	59	K	NANTWICH	Super Sprint -	00:05:39	00:08:04	01:03:38	00:02:22	00:17:18	01:37:01
35	13:08:00	770	Kelly	Rose	Female	40	H	Warrington	Super Sprint -	00:06:23	00:06:20	01:05:39	00:01:33	00:17:24	01:37:19
36	13:12:00	785	becky	dunning	Female	41	H	Cancer Research UK	Super Sprint -	00:06:14	00:02:53	01:02:15	00:00:00	00:26:17	01:37:39
37	13:06:30	768	Paula	Fielden	Female	49	I	Macclesfield	Super Sprint -	00:04:59	00:06:55	01:16:16	00:02:34	00:09:00	01:39:44
38	13:09:15	774	Lynne	Young	Female	49	I	Meols	Super Sprint -	00:06:16	00:06:33	01:07:37	00:01:50	00:18:35	01:40:51
39	13:08:15	771	Jennifer	Ireland	Female	56	K	Cheadle Hulme	Super Sprint -	00:07:31	00:05:10	01:08:07	00:02:11	00:19:22	01:42:21